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*A journey you will want to walk through*

*A new way to walk...with Christ*

*How to win with your walk...with Christ*

*More than a walk in the park, or in the dark*

*Walking in the light*

*Walking with fresh light*

*The new way to walk. A journey through Ephesians*

*Walking toward the light*

*Starting a new journey. A walk through Ephesians.*

*Walk this way...A journey through Ephesians*

*Ephesians, walking the path of light.*



# WELCOME to the family!

I want you to know that when I put my faith and trust in Jesus Christ, it was the best decision I've ever made in my life.

Did you know that Almighty God is more concerned about who you are and where you are going, than where you've been? It's true! In Christ, you are completely forgiven!

God's Word is as necessary and critical to your Christian growth as mother's milk is to a nursing baby. I want to invite you to take a walk with me. A walk through Ephesians, one of the dynamic little books of the Bible. I love this book. As you study it with me, you are guaranteed to change and grow in your new relationship with the Lord.

You will benefit by:

- Seeing clearly that you have been completely forgiven from sin.
- Knowing who you are in Christ forever.
- Understanding your great worth and value to God.
- Discovering that God has big and hopeful plans for you.

...and much more as you read, journal your thoughts, and pray your way through this life changing book.

Ephesians has been chosen for a purpose. It has changed me. I want the same for you.

*Enjoy it.*



Mike Silva

## ***Section 1 — Chapter 1***

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*OK — here we go. Here are a few helpful introductory thoughts as we start our walk.*

- Paul was an Apostle (God's chosen leader) in the early church.
- Paul wrote this book from a prison cell.
- He wrote it to his friends in the important port city of Ephesus.

### ***Introduction for Ephesians 1:1-6***

Guess what. **You** are about to realize that you are vitally important to God. In fact, **you** are now His spiritually healthy child!

### ***Ephesians 1***

- 1 This letter is from Paul, chosen by God to be an apostle of Christ Jesus. It is written to God's holy people in Ephesus, who are faithful followers of Christ Jesus.
- 2 May grace and peace be yours, sent to you from God our Father and Jesus Christ our Lord.
- 3 How we praise God, the Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly realms because we belong to Christ.
- 4 Long ago, even before he made the world, God loved us and chose us in Christ to be holy and without fault in his eyes.
- 5 His unchanging plan has always been to adopt us into his own family by bringing us to himself through Jesus Christ. And this gave him great pleasure.
- 6 So we praise God for the wonderful kindness he has poured out on us because we belong to his dearly loved Son.

*Here are some things that I see in these verses:*

- verse 3 — God blesses me because I belong to Jesus, not because of me or what I do. Be encouraged!
- verse 4 — Before God made the world, He had His eyes on me. Because I have trusted Jesus Christ, God sees me as blameless.
- verse 5 — Unbelievable. God has adopted me into His family. When God thinks about me, He smiles with satisfaction.



SO...WHAT do you see?

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NOW...WHAT does God want you to be or do?

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Your Response...WHAT will you say to God today?

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*My prayer...*

*"Dear Heavenly Father,*

*I want to praise and thank You for allowing me to be  
Your child. I thank You that through Jesus Christ I am blameless  
in Your eyes. I pray this in Jesus' Name, Amen."*



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## ***Introduction for Ephesians 1:7-14***

Watch for...

- God the Father has plans and purposes for our lives.
- Jesus Christ pays for and provides my salvation.
- The Holy Spirit is a gift to all believers. Guaranteed!!!

## ***Ephesians 1***

7 He is so rich in kindness that he purchased our freedom through the blood of his Son, and our sins are forgiven.

8 He has showered his kindness on us, along with all wisdom and understanding.

9 God's secret plan has now been revealed to us; it is a plan centered on Christ, designed long ago according to his good pleasure.

10 And this is his plan: At the right time he will bring everything together under the authority of Christ – everything in heaven and on earth.

11 Furthermore, because of Christ, we have received an inheritance from God, for he chose us from the beginning, and all things happen just as he decided long ago.

12 God's purpose was that we who were the first to trust in Christ should praise our glorious God.

13 And now you also have heard the truth, the Good News that God saves you. And when you believed in Christ, he identified you as his own by giving you the Holy Spirit, whom he promised long ago.

14 The Spirit is God's guarantee that he will give us everything he promised and that he has purchased us to be his own people. This is just one more reason for us to praise our glorious God.

*Here are some things that I see in these verses:*

- verse 7 — God has generously forgiven me. He has purchased my freedom from sin through the blood of Jesus. Therefore, my sins are gone...completely!
  - verse 13 — God the Father made the choice to save me. He chose me. I didn't choose Him.
  - verse 14 — The Holy Spirit guarantees that I belong to God. He seals the deal. The Holy Spirit is "proof positive" that God will make good on all of His promises.
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SO...WHAT do you see?

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NOW...WHAT does God want you to be or do?

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Your Response...WHAT will you say to God today?

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*My prayer...*

*"Oh God, our Father.*

*How can I thank You for all You have done to provide for  
my forgiveness and freedom from sin? Thank You for Your son,  
Jesus Christ. Thank You for Your Holy Spirit, who is always with me.*

*What a gift! Your grace overwhelms me. Amen."*



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### ***Introduction for Ephesians 1:15-23***

Whatever you know about Jesus Christ, prepare to have your vision of Him “turbo charged.”

### ***Ephesians 1***

- 15 Ever since I first heard of your strong faith in the Lord Jesus and your love for Christians everywhere,
- 16 I have never stopped thanking God for you. I pray for you constantly,
- 17 asking God, the glorious Father of our Lord Jesus Christ, to give you spiritual wisdom and understanding, so that you might grow in your knowledge of God.
- 18 I pray that your hearts will be flooded with light so that you can understand the wonderful future he has promised to those he has called. I want you to realize what a rich and glorious inheritance he has given to his people.
- 19 I pray that you will begin to understand the incredible greatness of his power for us who believe him. This is the same mighty power
- 20 that raised Christ from the dead and seated him in the place of honor at God’s right hand in the heavenly realms.
- 21 Now he is far above any ruler or authority or power or leader or anything else in this world or in the world to come.
- 22 And God has put all things under the authority for the benefit of the church.
- 23 And the church is his body; it is filled by Christ, who fills everything everywhere with his presence.

### ***Here are some things that I see in these verses:***

- verse 17 — I can pray to know God better. God invites me to ask for spiritual wisdom.
- verse 19 — I thank God for the power He makes available in my life.
- verse 20 -23 — Jesus Christ fills everything everywhere with His presence. WOW!



SO...WHAT do you see?

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NOW...WHAT does God want you to be or do?

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Your Response...WHAT will you say to God today?

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*My prayer...*

*"All-powerful Father,*

*Thank You for teaching me in this section about the privilege of  
praying for others. Help me to know You better. Help me to recognize Your  
power in my life, and cause me to be spiritually wise.*

*In Jesus' Name I pray. Amen."*

